EVENT INFORMATION:

2026 WEIGHTLIFTING NEW ZEALAND SECONDARY SCHOOL CHAMPIONSHIPS

Hosted by Papatoetoe Olympic Weightlifting Club
Event Organiser: Megan Signal
PH: 0278272133
Email: Megan Signal
Date 5th & 6th September 2026
Location Kolmar Sports Complex, Sutton Crescent, Papatoetoe, Auckland 1062

Dear athletes, coaches and school contacts; This document contains detailed event information including rules and regulations. Please read carefully and in full. The only further update to come is a final event schedule and start list, which will be distributed after verification of entries close.

Eligibility to enter:

Competition Venue

Location Kolmar Sports Complex, Sutton Crescent, Papatoetoe, Auckland 1062
There will be limited parking available on Sutton Crescent entrance on Saturday due to sport, as-well as Great south road entrance. Street parking will be an option however.
On arrival enter the doors of the main building and the competition setup will be on your left past reception.

Facilities

The venue contains changing rooms, complete with showers and toilets.
Hunters Plaza is across the road from the venue and has food options as well as a supermarket. There is a café attached to the competition venue for coffee and open on select hours on Saturday only.

Training

As the venue operates as a gym facility there may not be any dedicated training available ahead of the event. You can contact Megan on 0278272133 if you are travelling from out of Auckland and need a space to train. Also, CrossFit gyms are available nearby in Otara, Manukau & East Tamaki which would be worth contacting (Drop in fees may apply)

Competition Scales

There will be one set of scales used for this event. Scales will be available for weight checking outside of weigh in times. Checking weight on Friday is possible between 5:30pm and 6:30pm

Spectators

Spectators are welcome at this event free of charge and enter through the main entrance to the building. All are welcome.

Preliminary Schedule and Livestream

All Over 15 lifters will be scheduled to lift Saturday 5th September. Under 15 Lifters will be scheduled for Sunday 6th. In the event we have a large number of Over 15 entries there MAY be a chance that we schedule 1-2 O15 sessions on ***Saturday Afternoon****. For those travelling from outside of Auckland please prepare to be available for Saturday Afternoon or any time on Sunday.*
Final schedule is subject to VFE changes, and will be sent Wednesday 3rd September after VFE closes.

Due to the NZSS charter that restricts us from broadcasting U15 lifters. Any Only 15+ categories will be livestreamed, stream can be found here https://www.youtube.com/c/WhakaataMaori
Any 15+ athletes can also choose to opt out of being live streamed via their school team roster document.

Verification of Entries (VOE) or Verification of Final Entries (VFE):

VOE can be completed anytime up until 1st September 2025

A reminder that this MUST be completed via login at https://weightlifting.nz/Calendar you will need your user code login to do so. If you have not made a weight category change by this cut off, we will not stop you from lifting, you will however, lift as a 'guest' in your session meaning you are ineligible to place.

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Weigh In:

As per IWF TCRR Regulation to 6.4 - All athletes will weigh-in in the costume/clothes they are to lift in. As per the regulation, if an athlete is over their officially entered bodyweight category, 250 grams can be deducted from the weight shown on the scales to allow for the weight of the Costume.
All athletes are allowed a support person to accompany them for weigh-in.

- **Weigh-in will take place during the one-hour window indicated on the Schedule. If an athlete does not 'make weight' they have the hour to weigh-in again and can weigh-in as many times during that hour as they want.**
- **If an athlete does not make weight by the end of the weigh-in period, they can still participate in the event as a Guest. Results will still be officially recognised if a NZ Record, for Ranking and Grading lists and for qualification purposes but the athlete will not be eligible to receive a placing at this championship.**

Competition Rules

Unsuccessful Lifts:

- **An athlete who does not record a successful Snatch is still permitted to continue in the competition in C&J but will not register a Total and therefore not be eligible for a placing.**
- **An athlete who records a successful Snatch but does not record a successful C&J will not register a Total and therefore not be eligible for a placing.**
- **If the successful Snatch attempt is a NZ Record – this will still be awarded to the athlete, however in the event the athlete has not registered a successful snatch, any Clean and Jerk records will not be awarded.**

Competition Attire:

- **Athletes are permitted to wear IWF approved uniform (weightlifting suit) or school sports wear (PE or other sport uniform) for this event.**
  Plain sports clothes are not permitted.
  School sports wear must still comply with general rules of competition; Knees and elbows visible and Shirts tucked in

Behavioural conduct:

- **Any inappropriate behaviour including refusal to comply with the instruction of technical officials, abusive and other unsporting behaviour that unnecessarily disrupts the event or harms other participants, may result in the Event Manager or Technical Officials Manager to remove an individual from the competition.**
- **Please refer to the below link for further conduct and safety policies under the sportNZ integrity code. https://weightlifting.nz/Portals/0/CompetitionDocs/2358/NZSS%20NOTICE%20OF%20SPORT%20INTEGRITY.pdf**

Coaches eligibility / warmup room:

- **All Coaches in the warmup area must be current WNZ Members at the time of this event.**
- **Each athlete will be allowed 2 coaches/support in the warmup area during their session, or 3 coaches/support per 2 athletes. Any additional people will be asked to leave the warmup room due to safety.**
- **Athletes may only enter the warm up room once the previous session has ended.**

Lift clock:

- **We will be following a :30 lift clock / 1:30 lift clock when following yourself. Coaches please be aware that this means you will have to have your lifter ready to go AT the platform at the time of their name called to allow ease for your lifters. This will continue for all future secondary school competitions.**

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Anti-doping testing:

By entering this event, it is understood that all athletes under 18 years have permission from their parents/caregiver to compete and therefore can be tested.

- **Athletes of any age can request a support person to accompany them. Note that the support person does not witness the urine testing procedure.**
- **Athletes under 16 years must have another adult present during the testing procedure. This can be a parent, coach or friend. It is the athlete's responsibility to arrange this.**

Sport Integrity Commission:

All WNZ Members can be tested by the Sport Integrity Commission (SIC), formerly Drug Free Sport NZ, at any time.
Weightlifting NZ is signed to WADA's code (World AnM-Doping Agency) and as such, this requires Weightlifting NZ to use drug testing & analysis provided by the Sport Integrity Commission (SIC) at our Championship events.
Regardless of the athlete's level or age of the competitor, SIC can test at this event.
To ensure that our athletes understand the risks associated with both intentional and unintentional drug use in sport, and to do our best to keep our sport clean, Weightlifting NZ requires all our members to complete education via the SIC online education portal prior to competing at this event.

If you have not completed your education please contact cleansport@weightlifting.nz for instructions to do so.

Preliminary Start List

Please contact Megan Signal if any age, spelling or names require changing OR a name is missing from the list prior to 1st September 10:00am

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